

NGUYEN THI HUONG

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I would like to acknowledge many people who have contributed to help me complete my Master course at Kyushu University, Fukuoka, Japan. First of all, I



would like to express my deepest gratitude to my academic supervisor, Professor Dr Nanseki Teruaki, who has guided and encouraged me to study independently throughout the research. He has given my friends and me many chances to improve my abilities in research throughout support us to attend and present at conferences as well as publish papers. I would never forget my friends in Laboratory of Agriculture and Farm Management, who always encourages me and helps me in the study as well as in daily life. We have had precious time to share our knowledge and improve our research skills in seminar time as well as in literature review time. We also have had much of happy time in parties; I would never forget the moment when we organized the party to happy birthday to our sensei.

Along with studying, I sometimes set up my own trips to travel around Japan. In my point of view, traveling brings me great chances to discover Japan as well as Japanese culture throughout traveling. Traveling is the most favorable activities when I have free time. I would never forget the moment of New Year Eve when I was in Zojoji Temple to hear 108 Bell rings; it was the most touchable and emotional moment in my life!!! In the early morning of the first day of year, I was at the top of Tokyo Tower to enjoy the new sunshine; it was so incredible and I thought I just only had one chance to enjoy. Such kind of these moments is my treasures!!! I have some experiences when taking trips in Japan so if new JDS students want to set up the trips, please feel free to contact me *_*.

I would like to give my great appreciation to JICE Kyushu Office as well as JICE Headquarter for their fully supports and assistance to make my two years staying in Japan much more easier and enjoyable.

of meat. Therefore, my research scope is very interesting and important with my work and my home country in the future; the topic is *"The effects of maternal nutrition restriction during late gestation on early development and regulation of hormone and metabolism in offspring Japanese black cattle (Wagyu)"* this scientific hypothesis is referred to as "maternal or fetal programming" based on medical research regarding "the developmental origins of health and disease (DOHaD)". In the scientific field of medicine in human, lifestyle related diseases such as obesity, arteriosclerosis and diabetes are thought to be influenced by the nutritional environment of the mother during the last stage of pregnancy and a baby during the postnatal early growth stage. From the previous research in animals, the fetal programming can be altered the endocrine function, and metabolic regulation such as increased insulin resistance, impaired glucose tolerance, changes in muscle development, and altered adiposity in offspring of rodents, pig, sheep, and other breed of cattle.

Therefore, this experiment is the first or can call "original experiment" in beef wagyu, so I hope that my research will be a part of research and development for beef production improvement in the recent future. For the results of my research please kindly follow in next year.

Nguyen Thi Ly

Enjoy life in Japan

Time flies like an arrow! Since the day I came to Japan, it has been a nearly one year passed! Under Japan's Grand Aide for Human Resource Development Program (JDS program), I have a chance to come, study and enjoy life in Japan. Firstly, from my deep heart, I would like to thank Japanese Government, Vietnamese Government in general for bilateral cooperation in education and Vietnam National University of Agriculture-



my work place, Japan International Cooperation Center (JICE) Kyushu office and my supervisor – Professor Teruaki Nanseki in particular for their direct assists in my study in Kyushu University. Secondly, I would like to share my sweet feelings about my social life in Fukuoka and my academic life in Kyushu University.

Social life in Fukuoka

My wonderful living trip have been started from September, 2013 in Fukuoka. Firstly, I am very impressed to be living in Kyushu University International Student House (Kaikan) in Kashiihama where it takes about 20 minutes to go to Kyushu University at Hakozaki campus by bicycle and I lived in the 5 first months. It is very good, comfortable and convenient and must be difficult without living in here. I have many opportunities to make friend with other international students. In addition to, it is very convenient for living such as various supermarkets, parks, kinds of transport systems around for shopping, travelling and taking outdoor activities like sport, barbecue, etc.

Secondly, Fukuoka is very peaceful and beautiful place with many natural sightseeing for us to enjoy and explore the Japanese culture. During vacation I and my friends have been to some traditional places such as Dazaifu Tenmangu Shrine on the New Year occasion and Ume flowers season or “Hanami” on the cherry blossom season at Fukuoka Castle Ruins. Furthermore, on the weekends, we often go to beautiful parks such as Uminonakamichi Koen for seeing many kinds of beautiful flowers like tulip, rose, cosmos, etc. As a matter of fact, the life in Fukuoka is very wonderful and I am very happy to live here.

Academic life in Kyushu University

As many other international students in the course of the International Development Research, in the first year, I have



studied almost subjects and have been conducting my research. The first thing I realized that Kyushu University is a very good university with good facilities, top good professors in the field of agriculture, etc. that why I can study as good as possible. Furthermore, I have chances to fill up my knowledge about Japanese agriculture with many field trips to factories, farms, etc. Besides, I can study a lot via seminar in my laboratory every week.

In sum up, both social and academic lives are experienced from nearly one year in Japan I can say that it is very awesome! Please come and enjoy it when you have a chance.

KONG SOTHEA

Introduction

Initially, let me introduce myself. I am Kong Sothea, a JDS fellow in batch 13, from Cambodia and presently, I have been working as an administrative staff at Kampot Provincial Department of Agriculture where is located in the northern part of Cambodia. Nowadays, I am the first year student of master course at Kyushu University and also I am belonging



to the laboratory of agriculture and farm management. Before expressing my impression, I would like to express my felt-heart thanks to JDS program who provided me the best opportunity to absorb auspicious knowledge and study abroad, especially in developed countries like Japan where is my favorite country that I dreamt to pursue my study since I was a student at



junior school. Furthermore, I would like to express my sincere thanks to my supervisor Professor Dr. Teruaki NANSEKI who selected me for laboratory of agriculture and farm management at Kyushu University. It is certainly true that the field that I have been studying is related to my present background even agricultural field. In doing so, let me describe more details about my impression in study activities and social life in Japan. For study in Kyushu University, genuinely, I attended and took many special subjects which I reckon that they were very good and very useful as many lecturers and professors were very professional, high qualified and excellent experienced. Moreover, the point that I never forget is the lecturers are very skillful and specialized in their subjects and also they are very generous, respectful and friendly. After ending the class, I participated in agriculture farm which guided by my supervisor and other lecturers. Therefore, the important thing that I would like to ascertain is the real practices which related to the aforementioned subjects in the class are very crucial and necessary for my present and future research. For instance, I visited Kamo and Kubota farm which belonged to Japanese farmers. It makes me realize that the system of Japanese farm and the knowledge of Japanese farmers are very brilliant as they can manage farm effectively whereas different from farmers in my country, Cambodia. The meaning that I would like to add is that Cambodian farmers and farm systems recently are still poor and also lack of techniques. Thus, they need for help necessarily. As you are aware, I had another visit in rice planting on the beautiful terrace in Ukiha area where rice crops were grown by using plentiful irrigation system and controlled by well-educated and highly professional Japanese farmers. The farmers can produce the quality of agricultural products and also the products will be sold out at local markets which created and supported by Japanese government. Furthermore, all agricultural products are very fresh after harvesting and healthy for food consumers. Besides, I visited Japanese wine production and Ajinomoto companies



which those of them were closely to the given lectures that I had obtained in the class. After field visit, I participated in a conference focused on agriculture which celebrated in Kobe University in March. Obviously, I gain a very good knowledge of new researches conducted by many researchers who came from different countries. Therefore, I think that it is very good system of learning and education that I can exactly enhance and develop my knowledge and capacity due to the receiving of new knowledge from the researchers and real practices not only in the class but also in the field.

On the plus side, for social life, I have joined the culture exchange with Japanese people, for example; I more often join Hippo family that I can show and share my tradition and culture style with them as well as other foreign participants. Furthermore, I am very proactive in learning and sharing experiences mutually with them as it is very good communication and social life activities. Also, what I remember is that learning how to make traditional cakes during traditional ceremony with Hippo family would assist me learning more and more about Japanese culture, custom and tradition. It is very good memories and warm communication as I can build up a good network and share my own social experiences with them. Additionally, I notice that Japanese people are very polite, friendly, honest and respectful, for example; they are very respectful in driving, travelling or speaking. To be a part of social activities, I was selected for a member of Cambodian Student Association in Kyushu (CSAK) which created and represented by Cambodian students in Fukuoka prefecture. Thus, I could work properly in performance of Cambodian traditional dance and culture sharing with Japanese people and other international people. Moreover, I prefer to study and live in Japan profoundly as everything is very safe and hygienic. For instance, food is very nutritious, safe and healthy for consumption. Also, I like the environment in Japan as it is very clean, beautiful and attractive. As I recognize, Japanese people are very careful in maintaining the environment that I would like to learn and follow their pattern and hopefully, I will contribute those manners to people in my country. As a result, I am very satisfied and adorable in study and social life in Japan due to the developed country that I am really appreciate very much not only in high-tech technology but also in respectful people. Last but not least, I do hope that I will devote my time to study hard and try to learn a lot from Japan and also I expect strongly that I will gain a very good success in my study in order to develop and assist my country in the sooner future.